

FIELD, TIMING GATES & HURDLES SET UP

Please arrive no later than 5.20pm for set up duties

Where do I go when I arrive?

Please head towards the Clubhouse. All the necessary equipment will be placed on the grass area in front of the equipment room.

Please ensure you check in for your duty with a CLAC Committee member.

Field Set up

Where is the equipment stored and how will I know where to set it up?

Equipment is placed outside the clubhouse and can be collected from there for set up.

What items need setting up?

- Timing gates
- Flags for 'track crossing' and 'throws in progress' need to be assembled and put up.
- Discus, Shotput and Jumps trolleys
- High Jump mats and poles

Who can I ask for guidance?

Committee members in Blue club shirts can assist you.

Hurdles Set up

On the weeks when hurdles are run, they will need to be taken down to the second straight track. You will need to listen out for announcements during the evening in order to set the hurdles up on the track.

CANTERBURY
LITTLE ATHLETICS

DUTY DESCRIPTION

