



## COVID Safety – Information for Parents

A number of measures have been implemented in order to ensure the safety of our athletes and community. These include:

- Limited numbers of athletes and spectators to comply with government restrictions
- Recording of attendance via QR code to facilitate contact tracing
- Thorough cleaning of shared equipment between age groups
- Contactless transactions in our canteen and uniform shop
- No drinks trolleys or shared vests
- Regular cleaning of communal areas during competitions
- Athletes/parents/carers are encouraged to leave as soon as their events have finished

**But your assistance is needed to ensure a safe environment for all.**

### When to stay away

Do not attend any Little Athletics activity, if in the past 14 days if you or your child have:

- visited Victoria
- attended any of the reported case locations listed on the NSW Health website <https://www.nsw.gov.au/covid-19/latest-news-and-updates>
- been unwell or had any flu-like symptoms, or
- been in contact with a known or suspected case of COVID-19, or
- any sudden loss of smell or loss of taste, or
- are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.
- Are awaiting COVID-19 test results

### Register your attendance

Please ensure that if you are attending as a spectator, you are using the QR Code displayed at the gate to register your attendance for contact tracing purposes. Athletes attendance will be recorded via results recording.

Duty volunteers will be asked to “sign in” for their duty via a second QR code to register their attendance.

It is requested that parents/spectators be limited to one per registered family, to allow us to observe the limit of 500 participants total in our grounds. If a second adult needs to be on hand, for example to take young athletes home at their earlier finish time, it is requested that person waits in their car.

Please consider downloading the COVID-Safe App to assist in contact tracing.

## **Social distancing**

Please adhere to physical distancing protocols, including limits on numbers in shared facility spaces (e.g. canteen, toilets/change rooms, spectator viewing areas and club house/rooms).

Some areas of the ground will be off-limits to parents/spectators/athletes, including

- the equipment room,
- first aid area (except where first aid is required),
- interior of the canteen (except if you are rostered as a volunteer) and
- office area.

*When entering the ground and purchasing from the canteen, you are asked to observe the social distancing guides marked for queueing and be prepared for cashless purchasing. Hand sanitiser will be available at these points.*

*In spectator viewing areas, including the concrete grandstand and grassed area, please ensure that you are seated 1.5m from other family groups.*

*Volunteers on the field are asked to maintain social distancing from other adult volunteers and avoid having more than one person handle items such as clip boards and pens. Where equipment needs to be touched by more than one person, please use the anti-bacterial wipes provided.*

*In the toilets, please ensure that you do not enter if there are more people than the available number of toilets. Please remind your child of this requirement and ask them not to stay in the toilet area any longer than needed.*

## **Athletes possessions**

Please ensure that all athletes have their own water bottle and let them know not to share food and drinks. Athletes will need to carry their own bottle and other possessions on the field (the age group trolleys of previous years are not permitted to be used). It is suggested that each athlete has a bag marked with their name and age group to make this easier for them.

There will be cleaning of equipment between different groups of athletes and hand sanitising stations at each event, however it is requested that where possible athletes and age group volunteers carry their own personal supply of hand sanitiser and use this before and after each event.

## **After events finish**

You are encouraged to leave the facility as soon as possible following the conclusion of your child's last event. In the case of younger athletes needing to wait for older siblings to finish their events, please ensure that they are seated with you, observing the social distancing guidelines.